**HEALTH SYLLABUS**

Updated 07/30/18

**Teacher:** Coach Soley/Dodd/Hubinger/Keller/Wishon

**Classroom**: Room 1108/1106/1110

**E-mail**: joseph.soley@cobbk12.org

 bradley.dodd@cobbk12.org

 brett.hubinger@cobbk12.org

 autumn.keller@cobbk12.org

 jonathan.wishon@cobbk12.org

1. **COURSE TEXT(S) & READINGS:**

Holt, Rinehart, and Winston. (2011). *Holt Health*, Harcourt Brace & Co.

1. **COURSE DESCRIPTION:**

**Description**: The health and safety course provides a direct and factual approach to health education that is practical, personal, and POSITIVE (The three P’s). Health topics include emotional/mental health; family living; personal health; substance abuse (alcohol, tobacco and other drugs = ADAP program); disease prevention; safety (adult CPR course); growth and development and nutrition. By acquiring the knowledge, attitude and skill necessary to a healthful life, students learn to take responsibility for their own health (lifestyle choices).

**Target and**

**Format**: This class will be taught through a lecture, demonstration, and modular format. This is a required level class taken by students in the health/physical education department. This class provides a ½ credit in health.

**Prerequisites**: None.

**Essential Functions**: An ability to do

1. Media center research
2. Write clear and precise journals/current events
3. Analyze materials through written and verbal reflection
4. Participation in health projects
5. Blended learning
6. Take a final examination
7. **POLICIES ON ATTENTENCE AND MISCONDUCT**

**Attendance**

**Policy**: Students **MUST** be here for class. Students will be expected to be in class and prepare for each class by completing the readings, and all assignments required. This class will establish a high performance work culture that requires raised levels of personal, responsibility, inquiry, accountability, commitment, autonomy, involvement, and performance. Much of your learning will occur through group dialogues, and class presentations. Students are expected to participate and build on the ideas presented in class over time**. This can only happen if you are present**. If students are absent they are accountable for getting the class material & information.

**(Note: Policy on # of absences) (pages 7 & 8)**

**Class Begins:** Students **MUST** be in the classroom when the bell rings or they will be counted tardy, unless they have an excused note. Please read the ***Student Handbook* – page 9)** for excess tardies. If students are continuously tardy to class a parent/guardian and proper administrator will be notified.

**LAS machine**: All tardy students must go to the LAS (late arrival system) to get a late tardy slip before entering class. (**Student handbook - page 23)**

**Make-up**

**Work:** See ***Student Handbook (page 20)***. See your teacher for all missed work or go to the teacher’s BLOG for all make-up work. Example: If you are absent two days, you will only have two days to make up the work. Also, if are absent on a test/quiz day and you were present for the materials, based on your return you will make up the test/quiz.

 \*\* Students are responsible for all their work during ISS or OSS.\*\*

**Missing**

**Assignments**: Students must complete the following class work within a time frame. After the time frame the student will receive a zero. If students make-up the work, it will be accepted for partial credit.

**It is imperative to check Blog weekly!**

**Policy on**

**Academic**

**Misconduct**: All acts of dishonesty in any work constitute academic misconduct. The ***Student Handbook Policy* (page 10)** will be followed in the event of academic misconduct.

**Class**

**Behavior:** Please read the ***Student Handbook* (pages 12-14)** on behavior policies and expectations. Each student is responsible for his or her own actions. Inappropriate behavior, comments, or gestures should be kept to yourself. Make an effort to be kind and considerate to others. Everyone’s opinion is important.

1. **EVALUATION INFORMATION**:

**Grades**

**Procedures**: All grades will be on a scale of **100 points**:

(Weights of Activities)

* Summative Grading **(50%)**

(Tests/Quizzes/Projects)

* Formative Grading **(40%)**

(Class participation and classwork)

* Final Exam **(10%)**

**100%**

(Grading System & Conduct Grade) – **(*Student Handbook* – Page 17 & 18)**

A 90-100 Excellent S=Satisfactory

B 80-89 Good N=Needs Improvement

C 74-79 Average U=Unsatisfactory

D 70-73 Poor

F 69 or below Failure

**Extra Credit**: A portion of the student’s grade is determined by the teacher regarding the quality of their preparation for, contribution to, and participation in class activities, their attitude as a functioning member of this class, and their observable commitment to developing your potential as a leader. Therefore, extra assignments will be up to the teacher’s discretion and very limited.

**Hall passes:** Students will not be allowed to leave the classroom for the first 10 minutes and the last 10 minutes of class. The only way the students can leave class is by a signed student handbook from the teacher. No one will be allowed to leave the classroom without their student handbook.

1. **CLASS INFORMATION**:

**Materials**

**Needed for**

**Class:** - Textbook - class set stays in the classroom (students may check a book out with the teacher)

- Paper (for notes) - everyday

* Pen or pencil - everyday
* **\*** 3-ring binder (classwork and notes) - very important everyday
* Markers – crayons – color pencils – I will let you know when you would need these items

**Daily class:** Students must bring all of their materials to class

**Be**

**Considerate:** - **Cell phones/Technology (page 16) BYOD - Use depends on teacher discretion**

* **Dress Code (page 15)**
* Remember **NO GUM**
* Do not talk while someone else is talking
* Do not write on desks, walls, books, dry eraser board, etc.
* **Do not enter the teacher’s desk area** (ask if you need something)
* **Do not touch any technology equipment** (you will be responsible for any damage)
* Remember **NO** sleeping
* **Respect** the substitute teacher

\*\* **FOOD** in the classroom is based on the teachers discretion

\*\* Students may only have bottle cap drinks (Water is GREAT)

**Consequences:**

**Consequences:**

1st = Warning

2nd = Teacher Detention

3rd = Call Home & Teacher detention

4th = Administrative Referral

1st = Warning

**Class Rules:** 2nd = Phone call home or teacher detention

**Consequences:**

1st = Warning

2nd = Teacher Detention

3rd = Call Home & Teacher detention

4th = Administrative Referral

I will be prepared for class and ready to learn. 3rd = Administrative Referral

I will respect my teacher, classmates, myself, and our school.

I will pay attention and do my very best in all that I do.

I will not chew gum or have any electronic devices.

I understand that consequences occur when I choose not to meet the above expectations.

**Consequences:**

1st = Warning

2nd = Teacher Detention

3rd = Call Home & Teacher detention

4th = Administrative Referral

LETS ALL HAVE A FUN POSITIVE EXPERIENCE ☺

**Health/BPE Syllabus (sign-off sheet)**

Student and parent/guardian are required to **read** and **sign** the health/BPE syllabus and return it back within four (4) days to your health/BPE teacher.

Health is the first 9 week course. **Friday, October 12** will be the last day for Health.

BPE (Personal Fitness) is last 9 week course. **Monday, October 15** will be the first day of BPE.

October 11 & 12 will be our ADAP program (Subject to change).

Health/BPE: **Period** 1 2 3 4 (circle one)

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 Print Name (Student) Date

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 Student’s Signature

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 Parent’s Signature Date

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 Parent/Guardian email address Cell #



Thank you,

Coach Soley

Coach Dodd

Coach Hubinger

Coach Keller

Coach Wishon